



## Simple Sauna Sizing

### Sizing Your Saunum

#### One - Measure Area

L \_\_\_\_\_ x W \_\_\_\_\_ x H \_\_\_\_\_ = \_\_\_\_\_ Cubic Feet

#### Two - Calculate Cold Surface\* Adder

Cold Surface Square Feet: \_\_\_\_\_ x 3.9\* = \_\_\_\_\_ Cold Surface Adder

#### Three - Saunum Size

Sauna Cubic Feet \_\_\_\_\_ + Cold Surface Adder \_\_\_\_\_ = \_\_\_\_\_ Saunum Heater Size

\*Cold surface materials include glass, tile walls, brick, concrete, and stone. These materials affect sauna heater sizing. For each square foot of cold surface materials (excluding door), an additional 3.9 cubic feet must be added to the total room volume calculation.