



Simple Sauna Sizing

Sizing Your Saunum

One - Measure Area

L _____ x W _____ x H _____ = _____ Cubic Feet

Two - Calculate Cold Surface* Adder

Cold Surface Square Feet: _____ x 3.9* = _____ Adder

Three - Saunum Size

Cold Surface
Sauna Cubic Feet _____ + Adder _____ = _____ Saunum Heater Size

*Cold surface materials include glass, tile walls, brick, concrete, and stone. These materials affect sauna heater sizing. For each square foot of cold surface materials (excluding door), an additional 3.9 cubic feet must be added to the total room volume calculation.